

## BLOCKHOUSE BAY COMMUNITY CENTRE: WHAT'S ON SEPTEMBER 2018

### MONDAYS

Blockhouse Bay Walking Group	8am
FREE Hearing Loss Clinic	9am – 2.30pm
ACTIVE SENIORS – Gentle exercise	9.30am
AA Meeting (Armanasco House)	10.30 – 11.30
Tai Chi for Beginners 50's+	10.30
Ukulele	11.30 – 12.30
Modern Sequence Dance	12pm – 3pm
Mahjong (Armanasco House)	1pm – 3pm
English Class – Also Fridays	1.15 – 2.45pm
Kid's Chinese Class (also Tues, Wed, Thurs)	3.30pm – 5pm
JD's Maths Tuition (each weekday)	5pm – 7pm
Cardio Fix for all Ages (Scout Hall)	6pm
Hatha Yoga	5pm and 6.30pm
Pilates	7.30pm
Bollyhop Fitness	8pm – 9pm

### TUESDAYS

Cardio Fix for all Ages	8.45am
Playgroup (2 <sup>nd</sup> & 4 <sup>th</sup> Tuesdays)	10am
Line Dancing	10am
ARMANASCO HOUSE OPEN	10am-2pm
Housie	Doors open 6.30pm
Garden Club 1 <sup>st</sup> Tuesday of Month	1pm – 3pm
Taekwondo/Krav Maga – also Thursdays	6.30pm
Arabesque Belly Dance	7.30pm

### WEDNESDAYS

Blockhouse Bay Walking Group	8.15am
Annie's Active Achievers Exercise for 60's	9.30am
Embroidery	10am – 12noon
Women's Institute 3 <sup>rd</sup> Wednesday each month	12.30pm
Rummikub & Five Hundred (Cards)	12.45pm – 3pm
Free Help with Technology (ring to book in)	3.15-4.15
Children's Art Class	3.15 – 5.15pm
Kids 4 Drama (Senior Class)	4.30pm – 5.30pm
Iona Scouts, Cubs & Keas	6pm
Fitness Fusion	6pm – 7pm
ZUU with Jimmy	7 – 7.45pm
Adult Ballroom & Latin Dance	7.30 – 9.30

### THURSDAYS

Cardio Fix for all Ages	8.45am – 9.45am
Tai Chi Advanced Class	10am – 11am
AA Meeting (Armanasco House)	10.30am
Pilates	10.30am – 11.30am
Community Singers Blockhouse Bay	12.30pm
NEW! Tricks & Flips: Kids Gymnastics Classes	3.30pm – 4.30pm (Ivan Burgess Room)
Kids 4 Drama Junior Class	3.30pm (Teenage & Advanced @ 4.30pm)
Children's Latin & Ballroom Dance	3.30 – 6pm
JD's Maths Tuition	5pm
Taekwondo/Krav Maga – also Tuesdays	6.30pm – 7.30pm
Yoga	6.30pm – 7.30pm

### FRIDAYS

Line Dancing	9.30am – 11.30am
Low Impact Aerobics	8.45am - 9.45am
Probus 2 <sup>nd</sup> Friday month	10am – 12 noon
Yoga with Josie	10.30am – 12 noon
English Class – Also Mondays	1.15pm – 2.45pm
Children's Latin Dance	3.30 - pm
AA Meeting (Armanasco House)	7pm

### SATURDAYS

Markets 2 <sup>nd</sup> & last Saturday of Month	7am – 12 noon
Muslim Women's Karate	9am – 10am
Maria's Dance Fit	9.30 - 10.30am
Bollywood Dance, 12 – 1 Pre-school; 1-2pm 5-8yrs, 2-3pm 9-15yrs	12 - 3pm

### SUNDAYS

Yoga Institute	8.45 – 9.45 am
Antiques, Collectables & Crafts Fair 16 <sup>th</sup> September	9.30am – 2pm
Highland Dance	8.30am – 1pm
Sahaja Meditation Yoga	5pm