

## BLOCKHOUSE BAY COMMUNITY CENTRE : WHAT'S ON – JULY 2017

<b>MONDAYS</b> Blockhouse Bay Walking Group	8am
FREE Hearing Loss Clinic	9am – 2.30pm
Aerobics – Also Fridays 9am	9.15am
ACTIVE SENIORS – Gentle exercise	9.30am
AA Meeting (Armanasco House)	10.30 – 11.30
Tai Chi for Beginners 50's+	10.30
Ukulele Beginners & Playalong Starts 31/7/17	11.30am
Modern Sequence Dance	12pm – 3pm
Mahjong (Armanasco House)	1pm – 3pm
English Class – Also Fridays Starts 24/7/17	1.15 – 2.45pm
Tablet & Phone Troubleshooting Starts late July	3.10pm- 4.10pm
JD's Maths Tuition (each weekday)	5pm
Hatha Yoga Starts 24/7/17	5pm – 6.30pm
Pilates Starts 24/7/17 Pre-registration essential	7.30pm
<b>TUESDAYS</b> Cardio Fix for all Ages	8.45am
Moving Mums EXPRESS 9.30am starts 15/8/17 Main class 10am	9.30am
Line Dancing	9.45am
ARMANASCO HOUSE OPEN	10am-2pm
Housie	Doors open 6.30pm
Garden Club 1 <sup>st</sup> Tuesday of Month	1pm – 3pm
Taekwondo/Krav Maga – also Thursdays	6.30pm
Arabesque Belly Dance Starts 1;8;17	7.30pm
<b>WEDNESDAYS</b> Blockhouse Bay Walking Group	8.15am
Annie's Active Achievers Exercise for 60's+	9.30am
Women's Institute 3 <sup>rd</sup> Wednesday each month	12.30pm
Rummikub & Cards	12.45pm – 3pm
Children's Art Class	3.15 – 5.15pm
Kids 4 Drama (Senior Class)	4.30pm – 5.30pm
Iona Scouts, Cubs & Keas	6pm
Adult Bolli Fitness	7.30 – 8.30pm
<b>THURSDAYS</b> Cardio Fix for all Ages	8.45am – 9.45am
Tai Chi Advanced Class	10am – 11am
AA Meeting (Armanasco House)	10.30am
Pilates Starts 27/7/17	10.30am – 11.30am
Green Bay Community Choir	12.30pm
Kids 4 Drama Junior Class	3.30pm (Teenage & Advanced @ 4.30pm)
JD's Maths Tuition	5pm
Taekwondo/Krav Maga – also Tuesdays	6.30pm – 7.30pm
Moving Mums (also Tuesdays)	8 - 9pm
<b>FRIDAYS</b> Line Dancing	9.30am – 11.30am
Low Impact Aerobics – Also Mondays 9.15am	8.45am - 9.45am
Probus 2 <sup>nd</sup> Friday month	10am – 12 noon
Yoga with Josie Starts 28/7/17	10.30am – 12 noon
English Class – Also Mondays	1.15pm – 2.45pm
AA Meeting (Armanasco House)	7pm
<b>SATURDAYS</b> Markets 2 <sup>nd</sup> & last Saturday of Month	7am – 12 noon
Muslim Women's Karate	9am – 10am
Maria's Dance Fit	9.30 - 10.30am
CHILDREN's ART	From 9.45am
Bollywood Dance, 12 – 1 Pre-school; 1-2pm 5-8yrs, 2-3pm 9-15yrs	12 - 3pm
<b>SUNDAYS</b> Yoga Institute	8.45 – 9.45 am
Antiques, Collectables & Crafts Fair - 9 July and 17 September	9.30am – 2pm
Cardio Fix for all Ages	9.30am
Highland Dance	8am – 12pm
Sahaja Meditation Yoga	5pm